

Po Leung Kuk Mrs Chao King Lin Kindergarten

2023-2024 September Menu

Date		Snacks for AM Class	Lunch for Whole-Day Class	Snacks for Whole-Day Class
1	Fri	Plain Cake	First Day of School	
2	Sat	/		
3	Sun	/		
4	Mon	Plain Cake	Cream Sauce on Baked Fish Fillet, Served with Rice	Raisin Danish Twist
5	Tue	Butter Bun	Italian Bolognese and Pork Fillet, Served with Farfelle	Cornflakes
6	Wed	Pandan Swiss roll	Seasonal Vegetables and Sole Fish, Served with Udon	Steamed bun
7	Thur	Whole-wheat Bun	Steamed Lotus, Mushroom and Pork Patty, Served with Rice	Cheddar Cheese Butter Bread
8	Fri	Swiss Roll	Orange Lemon Pork Fillet Served with Rotini	Hard-boiled egg
9	Sat	/		
10	Sun	/		
11	Mon	Raisin muffin	Taiwanese Braised Minced Pork Rice	Raisin Danish Twist
12	Tue	Raisin Bun	Steamed Minced Pork, Mushroom and Water Chestnut Served with Rice	Cornflakes
13	Wed	Lemon Swiss Roll	Sole Fish Kabayaki Served with Rice	Hard-boiled egg
14	Thur	Sesame Bun	Italian Bolognese and Pork Fillet, Served with Farfelle	Oat Milk
15	Fri	Pandan cake	Seasonal Vegetables and Sole Fish Served with Udon	Cheddar Cheese Butter Bread
16	Sat	/		
17	Sun	/		
18	Mon	Miniature Wheat Muffin	Steamed Lotus, Mushroom and Pork Patty, Served with Rice	Bread with Jam
19	Tue	Raisin Wheat Bread	Orange Lemon Pork Fillet, Served with Rotini	Steamed bun
20	Wed	Plain Cake	Steamed Chicken with Cordyceps Flower, Served with Rice	Cornflakes
21	Thur	Butter Bun	Steamed Minced Pork, Mushroom and Water Chestnut, Served with Rice	Boiled sweet potato
22	Fri	Swiss Roll	Sole Fish Kabayaki Served with Rice	Raisin Danish Twist
23	Sat	/		
24	Sun	/		
25	Mon	Raisin Muffin	Italian Bolognese and Pork Fillet. Served with Farfelle	Hard-boiled egg
26	Tue	Corn Bun	Teriyaki Pork Tenderloin, Served with Rice	Cornflakes
27	Wed	Pandan Cake	Steamed Lotus, Mushroom, Pork Patty Served with Rice	Cheddar Cheese Butter Bread
28	Thur	Plain Cake	Orange Lemon Pork Fillet Served with Rotini	Steamed corn with butter
29	Fri	The Day Following Mid-Autumn Festival		
30	Sat	/		