

# Po Leung Kuk Mrs Chao King Lin Kindergarten

## 2023-2024 October Menu

Date		Snacks for AM Class	Lunch for Whole-Day Class	Snacks for Whole-Day Class
1	Sun	/		
2	Mon	The day following National day		
3	Tue	Raisin Bun	Swiss Sauce Chicken Wing Pasta	Cornflakes
4	Wed	Swiss Roll	Taiwanese Braised Minced Pork Rice	Cheddar Cheese Butter Bread
5	Thur	Corn Bun	Fresh Tomato Pork Chop Pasta	Hard-boiled egg
6	Fri	Lemon Swiss Roll	Japanese-style Teriyaki Pork Chop Rice	Oat Milk
7	Sat	/		
8	Sun	/		
9	Mon	Miniature Wheat Muffin	Steamed Minced Pork, Mushroom and Water Chestnut Served with Rice	Bread with Jam
10	Tue	Whole-wheat Bun	Tomato Sauce Meat Sauce Pasta	Boiled sweet potato
11	Wed	Pandan cake	Swiss Sauce Chicken Wing Pasta	Cornflakes
12	Thur	Butter Bun	Steamed Chicken with Cordyceps Flower, Served with Rice	Steamed bun
13	Fri	Plain Cake	Fresh Tomato Dragon Li Willow Rice	Raisin Danish Twist
14	Sat	/		
15	Sun	/		
16	Mon	Raisin muffin	Sole Fish Kabayaki Served with Rice	Hard-boiled egg
17	Tue	Sesame Bun	Japanese-style Teriyaki Pork Chop Rice	Cornflakes
18	Wed	Swiss Roll	Steamed Minced Pork, Mushroom and Water Chestnut Served with Rice	Cheddar Cheese Butter Bread
19	Thur	Raisin Bun	Swiss Sauce Chicken Wing Pasta	Steamed corn with butter
20	Fri	School Holiday		
21	Sat	/		
22	Sun	/		
23	Mon	Chung Yeung Festival		
24	Tue	Butter Bun	Steamed Lotus, Mushroom and Pork Patty, Served with Rice	Oat Milk
25	Wed	Pandan cake	Taiwanese Braised Minced Pork Rice	Raisin Danish Twist
26	Thur	Whole-wheat Bun	Japanese-style Teriyaki Pork Chop Rice	Cheddar Cheese Butter Bread
27	Fri	Plain Cake	Sole Fish Kabayaki Served with Rice	Steamed corn with butter
28	Sat	/		
29	Sun	/		
30	Mon	Miniature Wheat Muffin	Oyster Sauce Beef Burger Pasta	Hard-boiled egg
31	Tue	Sesame Bun	Tomato Sauce Meat Sauce Pasta	Bread with Jam