

Po Leung Kuk Mrs Chao King Lin Kindergarten

2023-2024 November Menu

Date		Snacks for AM Class	Lunch for Whole-Day Class	Snacks for Whole-Day Class
1	Wed	Lemon Swiss Roll	Diced beef with rice	Cornflakes
2	Thur	Raisin Bun	Taiwanese Braised Minced Pork Rice	Oat Milk
3	Fri	Swiss Roll	Fresh Tomato Dragon Li Willow Rice	Bread with Jam
4	Sat	/		
5	Sun	/		
6	Mon	Raisin muffin	Japanese-style Teriyaki Pork Chop Rice	Hard-boiled egg
7	Tue	Corn Bun	Swiss Sauce Chicken Wing Pasta	Steamed bun
8	Wed	Pandan Chiffon cake	Tomato Sauce Meat Sauce Pasta	Cheddar Cheese Butter Bread
9	Thur	Sesame Bun	Rice with stir-fried water spinach and lily bulbs	Steamed corn with butter
10	Fri	Plain Cake	Steamed Lotus, Mushroom and Pork Patty, Served with Rice	Raisin Danish Twist
11	Sat	/		
12	Sun	/		
13	Mon	Miniature Wheat Muffin	Japanese-style teriyaki chicken cutlet with rice	Boiled sweet potato
14	Tue	Raisin Bun	Steamed Chicken with Cordyceps Flower, Served with Rice	Steamed bun
15	Wed	Swiss Roll	Steamed Minced Pork, Mushroom and Water Chestnut Served with Rice	Oat Milk
16	Thur	Whole-wheat Bun	Rice with stir-fried water spinach and lily bulbs	Bread with Jam
17	Fri	Education Seminar		
18	Sat	/		
19	Sun	/		
20	Mon	Raisin muffin	Swiss Sauce Chicken Wing Rice	Hard-boiled egg
21	Tue	Butter Bun	Fresh Tomato Dragon Li Willow Rice	Cheddar Cheese Butter Bread
22	Wed	Plain Cake	Japanese-style Teriyaki Pork Chop Rice	Boiled sweet potato
23	Thur	Corn Bun	Steamed chicken with shiitake mushrooms and cloud ear fungus over rice.	Cornflakes
24	Fri	Swiss Roll	Fresh Tomato Pork Chop Pasta	Raisin Danish Twist
25	Sat	/		
26	Sun	/		
27	Mon	Miniature Wheat Muffin	Steamed Minced Pork, Mushroom and Water Chestnut Served with Rice	Steamed corn with butter
28	Tue	Sesame Bun	Swiss Sauce Chicken Wing Pasta	Steamed bun
29	Wed	Pandan Chiffon cake	Taiwanese Braised Minced Pork Rice	Oat Milk
30	Thur	Whole-wheat Bun	Tomato Sauce Meat Sauce Pasta	Bread with Jam