

# Po Leung Kuk Mrs Chao King Lin Kindergarten

## 2023-2024 January Menu

Date		Snacks for AM Class	Lunch for Whole-Day Class	Snacks for Whole-Day Class
1	Mon	New Year Holiday		
2	Tue	Sesame Bun, water	Chicken Cutlet Rice, water	Hard-boiled egg, water
3	Wed	Swiss Roll, water	Taiwanese Braised Minced Pork Rice, water	Steamed bun, water
4	Thur	Raisin Bun, water	Pumpkin and Pork Cube Pasta, water	Oat Milk, water
5	Fri	K1 Parent-Child Trip		
6	Sat	/		
7	Sun	/		
8	Mon	Miniature Wheat Muffin, water	Japanese-style teriyaki chicken cutlet with rice, water	Steamed corn with butter, water
9	Tue	Whole-wheat Bun, water	Swiss Sauce Chicken Wing Rice, water	Bread with Jam, water
10	Wed	Pandan Chiffon cake, water	Japanese-style Teriyaki Pork Chop Rice, water	Boiled sweet potato, water
11	Thur	Butter Bun, water	Steamed Chicken with Cordyceps Flower, Served with Rice, water	Oat Milk, water
12	Fri	K3 Issues Pertaining to "Ocean Park Academy Hong Kong" Visit		
13	Sat	/		
14	Sun	/		
15	Mon	Raisin muffin, water	Steamed chicken with shiitake mushrooms and cloud ear fungus over rice, water	Steamed bun, water
16	Tue	Raisin Bun, water	Pasta with Pork and Creamed Corn, water	Hard-boiled egg, water
17	Wed	Plain Cake, water	Japanese-style teriyaki chicken cutlet with rice, water	Raisin Danish Twist, water
18	Thur	Corn Bun, water	Swiss Sauce Chicken Wing Rice, water	Cornflakes, milk
19	Fri	Swiss Roll, water	Rice with stir-fried water spinach and lily bulbs, water	Steamed corn with butter, water
20	Sat	/		
21	Sun	/		
22	Mon	Miniature Wheat Muffin, water	Rice with Pork and Creamed Corn, water	Boiled sweet potato, water
23	Tue	Butter Bun, water	Taiwanese Braised Minced Pork Rice, water	Cornflakes, milk
24	Wed	Lemon Swiss Roll, water, water	Steamed chicken with shiitake mushrooms and cloud ear fungus over rice, water	Cheddar Cheese Butter Bread, water
25	Thur	Whole-wheat Bun, water	Japanese-style Teriyaki Pork Chop Rice, water	Hard-boiled egg, water
26	Fri	Plain Cake, water	Potato Chicken Cutlet Pasta, water	Steamed bun, water
27	Sat	/		
28	Sun	/		
29	Mon	Raisin muffin, water	Tomato Sauce Meat Sauce Pasta, water	Cornflakes, milk
30	Tue	Corn Bun, water	Rice with stir-fried water spinach and lily bulbs, water	Oat Milk, water
31	Wed	Pandan Chiffon cake, water	Steamed Chicken with Cordyceps Flower, Served with Rice, water	Bread with Jam, water