

Po Leung Kuk Mrs Chao King Lin Kindergarten

2023-2024 May Menu

Date		Snacks for AM Class	Lunch for Whole-Day Class	Snacks for Whole-Day Class
1	Wed	Labour Day		
2	Thur	Sesame Bun, water	Steamed Chicken with Cordyceps Flower, Served with Rice, water	Hard-boiled egg, water
3	Fri	Swiss Roll, water	Steamed Minced Pork, Mushroom and Water Chestnut Served with Rice, water	Cornflakes, milk
4	Sat	/		
5	Sun	/		
6	Mon	Raisin muffin, water	Italian Bolognese Pork Fillet Spaghetti, water	Bread with Jam, water
7	Tue	Corn Bun, water	Tomato Sauce Meat Sauce Pasta, water	Steamed Rice Rolls, water
8	Wed	Plain Cake, water	Taiwanese Braised Minced Pork Rice, water	Apple, water
9	Thur	Raisin Bun, water	Swiss Sauce Chicken Wing Rice, water	Cornflakes, milk
10	Fri	Pandan Chiffon cake, water	Tomato Pork Fillet Rice, water	Boiled sweet potato, water
11	Sat	/		
12	Sun	/		
13	Mon	Miniature Wheat Muffin, water	Sweet Corn and Dragon's Beard Seaweed Rice, water	Oat Milk, water
14	Tue	Whole-wheat Bun, water	Japanese-style Teriyaki Chicken Rice, water	Butter Egg Tart, water
15	Wed	The Birthday of the Buddha		
16	Thur	Sesame Bun, water	Steamed Chicken with Winter Mushroom and Cloud Ear Mushroom Rice	Pear, water
17	Fri	Plain Cake, water	Tomato Sauce Meat Sauce Pasta, water	Cheddar Cheese Butter Bread, water
18	Sat	/		
19	Sun	/		
20	Mon	Raisin muffin, water	Pasta with Pork and Creamed Corn, water, water	Hard-boiled egg, water
21	Tue	Raisin Bun, water	Pumpkin and Diced Pork Rice, water	Boiled sweet potato, water
22	Wed	Swiss Roll, water	Tomato Pork Fillet Rice, water	Steamed Rice Rolls, water
23	Thur	Whole-wheat Bun, water	Sweet Corn and Dragon's Beard Seaweed Rice, water	Steamed bun, water
24	Fri	Lemon Swiss Roll, water, water	Spiral Noodles with Orange Lemon Juice Braised Pork Strips, water	Apple, water
25	Sat	/		
26	Sun	/		
27	Mon	Miniature Wheat Muffin, water	Italian Bolognese Pork Fillet Spaghetti, water	Oat Milk, water
28	Tue	Sesame Bun, water	Chicken Cutlet Rice, water	Butter Egg Tart, water
29	Wed	Pandan Chiffon cake, water	Taiwanese Braised Minced Pork Rice, water	Cornflakes, milk
30	Thur	Corn Bun, water	Swiss Sauce Chicken Wing Rice, water	Pear, water
31	Fri	Plain Cake, water	Tomato Pork Fillet Rice, water	Raisin Danish Twist, water