

Po Leung Kuk Mrs Chao King Lin Kindergarten

2023-2024 June Menu

Date		Snacks for AM Class	Lunch for Whole-Day Class	Snacks for Whole-Day Class
1	Sat	/		
2	Sun	/		
3	Mon	Raisin muffin, water	Steamed Chicken with Winter Mushroom and Cloud Ear Mushroom Rice, water	Hard-boiled egg, water
4	Tue	Corn Bun, water	Tomato Sauce Meat Sauce Pasta, water	Boiled sweet potato, water
5	Wed	Swiss Roll, water	Taiwanese Braised Minced Pork Rice, water	Steamed Rice Rolls, water
6	Thur	Whole-wheat Bun, water	Pumpkin and Diced Pork Rice, water	Steamed bun, water
7	Fri	K3 Parent-Child Graduation Trip		
8	Sat	/		
9	Sun	/		
10	Mon	Tuen Ng Festival		
11	Tue	Raisin Bun, water	Sweet Corn and Dragon's Beard Seaweed Rice, water	Apple, water
12	Wed	Joint School K3 graduation ceremony		
13	Thur	Sesame Bun, water	Italian Bolognese Pork Fillet Spaghetti, water	Oat Milk, water
14	Fri	Pandan Chiffon cake, water	Chicken Cutlet Rice, water	Butter Egg Tart, water
15	Sat	/		
16	Sun	/		
17	Mon	Miniature Wheat Muffin, water	Taiwanese Braised Minced Pork Rice, water	Bread with Jam, water
18	Tue	Sesame Bun, water	Swiss Sauce Chicken Wing Rice, water	Steamed Rice Rolls, water
19	Wed	Lemon Swiss Roll, water, water	Tomato Pork Fillet Rice, water	Pear, water
20	Thur	Corn Bun, water	Steamed Chicken with Cordyceps Flower, Served with Rice, water	Cornflakes, milk
21	Fri	Plain Cake, water	Japanese-style Teriyaki Chicken Rice, water	Boiled sweet potato, water
22	Sat	/		
23	Sun	/		
24	Mon	Raisin muffin, water	Italian Bolognese Pork Fillet Spaghetti, water	Oat Milk, water
25	Tue	Raisin Bun, water	Chicken Cutlet Rice, water	Cheddar Cheese Butter Bread, water
26	Wed	Swiss Roll, water	Pasta with Pork and Creamed Corn, water	Apple, water
27	Thur	Whole-wheat Bun, water	Swiss Sauce Chicken Wing Rice, water	Hard-boiled egg, water
28	Fri	Plain Cake, water	Tomato Pork Fillet Rice, water	Steamed corn with butter, water
29	Sat	/		
30	Sun	/		