

# Po Leung Kuk Mrs Chao King Lin Kindergarten

## 2024-2025 September Menu

Date		Snacks for AM Class	Lunch for Whole-Day Class	Snacks for Whole-Day Class
1	Sun	/		
2	Mon	Raisin muffin, water	First half Semester	
3	Tue	Butter Bun, water	Pork chop and tomato with rice	Apple, water
4	Wed	Pandan Chiffon Cake, water	Chicken in white sauce with fusilli	Oat Milk, water
5	Thur	Whole-wheat Bun, water	Steamed pork and mushroom with rice	Hard-boiled egg, water
6	Fri	Plain Cake, water	Taiwanese style minced pork and mushroom with red rice	Steamed corn with butter, water
7	Sat	/		
8	Sun	/		
9	Mon	Miniature Wheat Muffin, water	Tuna fish in creamy mushroom sauce with penne	Bread with Jam, water
10	Tue	Raisin Bun, water	Onion pork chop with rice	Steamed bun, water
11	Wed	Lemon Swiss Roll, water	Chicken in creamy mushroom sauce with penne	Pear, water
12	Thur	Sesame Bun, water	Pork in creamy pumpkin sauce with penne	Cornflakes, milk
13	Fri	Swiss Roll, water	Steak in tomato sauce with rice	Boiled sweet potato, water
14	Sat	/		
15	Sun	/		
16	Mon	Raisin muffin, water	Japanese style chicken and onion with rice	Apple, water
17	Tue	The Chinese Mid Autumn Festival and the day following the Chinese Mid-Autumn Festival 2 days in total		
18	Wed			
19	Thur	Butter Bun, water	Chicken wings in Teriyaki Sauce with rice	Cheddar Cheese Butter Bread, water
20	Fri	Pandan Chiffon cake, water	Pumpkin Steamed chicken with red rice	Steamed Rice Rolls, water
21	Sat	/		
22	Sun	/		
23	Mon	Miniature Wheat Muffin, water	Pork and pineapple in tomato sauce with rice	Pear, water
24	Tue	Butter Roll, water	Beef and tomato with Fusilli	Cornflakes, milk
25	Wed	Pandan Chiffon cake, water	Chicken and mushroom in onion sauce with fusilli	Bread with Jam, water
26	Thur	Whole-wheat Bun, water	Beef in Teriyaki Sauce with rice	Hard-boiled egg, water
27	Fri	Swiss Roll, water	Pork in Teriyaki Sauce with oat rice	Steamed bun, water
28	Sat	/		
29	Sun	/		
30	Mon	Raisin muffin, water	Chicken wings in swiss sauce with udon	Apple, water