Po Leung Kuk Mrs Chao King Lin Kindergarten
2024-2025 October Menu

Date		Snacks for AM Class	Lunch for Whole-Day Class	Snacks for Whole-Day Class
1	Tue	National Day		
2	Wed	Pandan Chiffon cake, water	Fujianese style pork with rice	Pear, water
3	Thur	Whole-wheat Bun, water	beef and tomato with fusilli	Cornflakes, milk
4	Fri	Swiss Roll, water	Sliced pork and pumpkin sauce with vegetable rice	Hard-boiled egg, water
5	Sat	/		
6	Sun	/		
7	Mon	Miniature Wheat Muffin, water	Beef and assorted mushroom in onion sauce with oat rice	Steamed bun, water
8	Tue	Raisin Bun, water	Pork in creamy mushroom sauce with penne	Apple, water
9	Wed	Lemon Swiss Roll, water	Chicken, tomato sauce with penne	Bread with Jam, water
10	Thur	Sesame Bun, water	Steamed chicken and mushroom with rice	Boiled sweet potato, water
11	Fri	Chung Yeung Festival		
12	Sat	/		
13	Sun	/		
14	Mon	Raisin muffin, water	Marinated chicken wings with rice	Steamed corn with butter, water
15	Tue	Butter Bun, water	Beef in creamy corn sauce with macaroni	Steamed Rice Rolls, water
16	Wed	Pandan Chiffon Cake, water	Chicken in creamy pumpkin sauce with macaroni	Apple, water
17	Thur	Whole-wheat Bun, water	Pork in creamy pumpkin sauce with rice	Cheddar Cheese Butter Bread, water
18	Fri	School Holiday		
19	Sat	/		
20	Sun	/		
21	Mon	Miniature Wheat Muffin, water	Fish Fillets in Creamy Corn with brown rice	Oat Milk, water
22	Tue	Butter Roll, water	Chicken in creamy corn sauce with fusilli	Pear, water
23	Wed	Pandan Chiffon cake, water	Pork chop in Teriyaki Sauce with rice	Cornflakes, milk
24	Thur	K3 Autumn trip		
25	Fri	Swiss Roll, water	Braised mushroom and minced pork with brown rice	Bread with Jam, water
26	Sat	/		
27	Sun	/		
28	Mon	Raisin muffin, water	Potato braised chicken with rice	Apple, water
29	Tue	Raisin Bun, water	Bolognese rice (Pork)	Boiled sweet potato, water
30	Wed	Lemon Swiss Roll, water	Beef and assorted vegetables with fried udon	Steamed Rice Rolls, water
31	Thur	Plain Cake, water	Chicken in Teriyaki Sauce with rice	Raisin Danish Twist, water