

# Po Leung Kuk Mrs Chao King Lin Kindergarten

## 2024-2025 November Menu

Date		Snacks for AM Class	Lunch for Whole-Day Class	Snacks for Whole-Day Class
1	Fri	Pandan Chiffon cake, water	Japanese style assorted mushroom and Beef with rice	Steamed bun, water
2	Sat	/		
3	Sun	/		
4	Mon	Swiss Roll, water	Chicken and pineapple in sweet and sour sauce with rice	Pear, water
5	Tue	Raisin Bun, water	Bolognese rice (pork)	Hard-boiled egg, water
6	Wed	Lemon Swiss Roll, water	Pork chop in Teriyaki Sauce with rice	Bread with Jam, water
7	Thur	Whole-wheat Bun, water	Beef and vegetables with rice	Steamed Rice Rolls, water
8	Fri	Plain Cake, water	Pork chop in Teriyaki Sauce with rice	Steamed bun, water
9	Sat	/		
10	Sun	/		
11	Mon	Butter Bun, water	Chicken and onion with rice	Apple, water
12	Tue	Butter Roll, water	Chicken in creamy pumpkin sauce with rice	Boiled sweet potato, water
13	Wed	Plain Cake, water	Sliced pork and zucchini with rice	Cornflakes, milk
14	Thur	Sesame Bun, water	Sliced pork in creamy corn sauce with rice	Oat Milk, water
15	Fri	Swiss Roll, water	Taiwanese style minced pork and tofu with rice	Cheddar Cheese Butter Bread, water
16	Sat	/		
17	Sun	/		
18	Mon	Swiss Roll, water	Fujianese style pork with rice	Pear, water
19	Tue	K2 Autumn trip		
20	Wed	Pandan Chiffon Cake, water	Chicken and zucchini with rice	Raisin Danish Twist, water
21	Thur	Whole-wheat Bun, water	Chicken wings in swiss sauce with rice	Hard-boiled egg, water
22	Fri	Plain Cake, water	Braised minced pork and mushroom with rice	Cornflakes, milk
23	Sat	/		
24	Sun	/		
25	Mon	Miniature Wheat Muffin, water	Beef and tomato with rice	Apple, water
26	Tue	Raisin Bun, water	Pork chop and onion in honey sauce with rice	Boiled sweet potato, water
27	Wed	Pandan Chiffon Cake, water	Chicken in creamy mushroom sauce with penne	Oat Milk, water
28	Thur	Sesame Bun, water	Onion and chicken in marinade sauce with vegetable rice	Cheddar Cheese Butter Bread, water
29	Fri	Education Seminar		
30	Sat	/		