

Po Leung Kuk Mrs Chao King Lin Kindergarten

2024-2025 March Menu

Date		Snacks for AM Class	Lunch for Whole-Day Class	Snacks for Whole-Day Class
1	Sat	/		
2	Sun	/		
3	Mon	Miniature Wheat Muffin, water	Mushroom and Beef with brown rice	Pear, water
4	Tue	Whole-wheat Bun, water	Bolognese rice (pork)	Hard-boiled egg, water
5	Wed	Plain Cake, water	Chicken in corn with rice	Steamed corn with butter, water
6	Thur	Butter Bun, water	Pork chop with rice	Bread with Jam, water
7	Fri	Pandan Chiffon Cake, water	Tuna fish spinach with fusilli	Boiled sweet potato, water
8	Sat	/		
9	Sun	/		
10	Mon	Raisin muffin, water	Chicken and onion with rice	Apple, water
11	Tue	Butter Roll, water	Chicken in pumpkin with rice	Steamed bun, water
12	Wed	Lemon Swiss Roll, water	Sliced pork and zucchini with rice	Oat Milk, water
13	Thur	Sesame Bun, water	Beef with rice	Steamed Rice Rolls, water
14	Fri	Plain Cake, water	Chicken and zucchini with rice	Cornflakes, milk
15	Sat	/		
16	Sun	/		
17	Mon	Miniature Wheat Muffin, water	Chicken with rice	Pear, water
18	Tue	Butter Bun, water	Beef and tomato with rice	Cheddar Cheese Butter Bread, water
19	Wed	Pandan Chiffon Cake, water	Mushroom and beef with fusilli	Hard-boiled egg, water
20	Thur	Whole-wheat Bun, water	Chicken wings with rice	Boiled sweet potato, water
21	Fri	Swiss Roll, water	Pork and mushroom with rice	Steamed Rice Rolls, water
22	Sat	/		
23	Sun	/		
24	Mon	Raisin muffin, water	Beef and tomato with rice	Apple, water
25	Tue	Butter Roll, water	Pork chop and onion with rice	Steamed bun, water
26	Wed	Plain Cake, water	Minced pork with rice	Steamed Rice Rolls, water
27	Thur	Sesame Bun, water	Onion and chicken with brown rice	Oat Milk, water
28	Fri	Swiss Roll, water	Chicken and dried cordyceps flower with brown rice	Hard-boiled egg, water
29	Sat	/		
30	Sun	/		
31	Mon	Miniature Wheat Muffin, water	Beef with brown rice	Cornflakes, milk