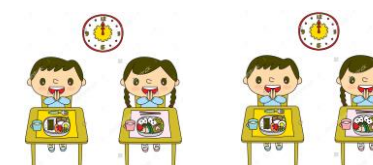


## Lunch and Afternoon Tea Menu for Whole-day Classes (May)



Date	Items	Mon	Tue	Wed	Thurs	Fri
1/5	Lunch	<b>Labour Day (Public Holiday)</b>				
	Afternoon Tea					
4/5 - 8/5	Lunch	1. Fresh mushrooms stewed with chayote 2. Pan-fried fish fingers 3. Chinese cabbage and dried vegetable with lean pork soup 4. Fruit	1. Baby bok choy in broth 2. Fresh tomato and braised pork chop fillet 3. Chayote and gorgon-fruit with lean pork soup 4. Fruit	1. Stir-fried seasonal vegetables 2. Pan-fried eggs with minced pork 3. Radish and carrot pork-bone soup 4. Fruit	1. Stir-fried baby napa cabbage 2. Tofu with diced chicken 3. Snow fungus, papaya and lean pork soup 4. Fruit	1. Fresh tomato meat sauce fusilli with broccoli 2. Potato, minced beef and mixed-vegetable soup 3. Fruit
	Afternoon Tea	Raisin bun/ High-calcium Low-fat milk	Pumpkin sago dessert/ Biscuits	Sweet potato/ Water	Corn and pork udon soup	Steamed custard bun/ High-calcium Low-sugar soymilk
11/5 - 15/5	Lunch	1. Stir-fried seasonal vegetables 2. Corn-braised fish fillets 3. Sea coconut, fresh lily bulb, carrot and chayote soup 4. Fruit	1. Blanched choy sum 2. Beef with potatoes 3. Pumpkin and pork bone soup 4. Fruit	1. Stir-fried zucchini 2. Scrambled eggs with minces meat and tomatoes 3. Old cucumber and lean pork soup 4. Fruit	1. Stir-fried broccoli with chicken strips 2. Corn and tofu sautéed with fresh mushrooms 3. Glehnia root, snow pear and lean pork soup 4. Fruit	1. Pineapple, carrot and diced chicken fried rice with seasonal vegetables 2. Kudzu root, carrot, adzuki bean and dried tangerine peel with steamed clinched-silverfish soup 3. Fruit
	Afternoon Tea	Cheese sticks/ High-calcium Low-fat milk	Apple and pear sweet soup/ Biscuits	Sweet corn/ Water	Pumpkin minced-meat congee	Steamed rice-rolls with filling/ High-calcium Low-sugar soymilk
18/5 - 22/5	Lunch	<b>Teacher's Development Day</b>				
	Afternoon Tea					
25/5 - 29/5	Lunch	<b>Buddha's Birthday (Public Holiday)</b>				
	Afternoon Tea					

If there are any changes to the menu due to the supply of the ingredients, the school will not make any further notice. Parents are kindly requested to pay attention.