

保良局張心瑜幼稚園

PO LEUNG KUK FIONA CHEUNG SUM YU KINDERGARTEN

課室外進行的體驗式學習活動天地

EXPERIENTIAL LEARNING ACTIVITIES OUTSIDE THE CLASSROOM

2023-2024 學年

2023-2024 SCHOOL YEAR

K2-牙齒健康的重要 (陽光笑容小樂園)



Po Leung Kuk Fiona Cheung Sum Yu Kindergarten
Kindergarten Activity Report
2023-2024 school year

Class: K2	Date: April 15, 2024
Activity name: K 2— The importance of dental health (Sunshine smile small paradise)	
Activity goals: Children learn more about oral health by visiting Sunny Smile Paradise.	
Activity results and suggestions: (1) Activity content The teacher led the children to visit Sunshine smile small paradise, where they developed good habits through animated explanations at the clinic, imitated eating, and performed acting activities to imitate doctors and patients in the dental clinic. From this, young children can realize the importance and method of brushing teeth correctly, further understand oral knowledge and develop the habit of brushing teeth in the morning and evening. (2) Activity results The main activities are divided into two parts. When children visit the Sunshine smile small paradise, they can watch the animation on caring for teeth and listen to the dentist's explanations and demonstrations, so that children can understand the correct way of brushing teeth and how to perform oral care. For example: children should use Children's toothbrushes, and they learned to have good drinking habits to protect their teeth and not to eat too many snacks. A simulated dental clinic is set up during the activity. Children can learn about the work of dentists through role-playing activities in pairs, such as teeth cleaning and X-rays, deepening their understanding of the importance of dental care and reminding children to pay attention to oral health. . In this activity, children can effectively improve their understanding of dental health, learn the correct way to brush their teeth, use dental floss for oral care, etc., and then	

cultivate children's good habits of brushing their teeth in the morning and evening.

suggestion:

The activity time can be lengthened. The time for exploring toothbrushing supplies and pretending to brush teeth in groups of three is too short. If the exploration is lengthened, children will have more time to explore and pretend to brush teeth and consolidate their knowledge.



Photo description : Watch an animation about caring for teeth, explore toothbrushing supplies and pretend to brush teeth in groups of three