

保良局張心瑜幼稚園

PO LEUNG KUK FIONA CHEUNG SUM YU KINDERGARTEN

課室外進行的體驗式學習活動天地

EXPERIENTIAL LEARNING ACTIVITIES OUTSIDE THE CLASSROOM

2023-2024 學年

2023-2024 SCHOOL YEAR

K2-陽光笑容小樂園

THE IMPORTANCE OF DENTAL HEALTH (BRIGHTER SMILES PLAYLAND)



Po Leung Kuk Fiona Cheung Sum Yu Kindergarten
Kindergarten Activity Report
2023-2024 school year

Class: K2

Date: April 15, 2024

Activity name: K 2— The importance of dental health (Brighter Smiles Playland)

Activity goals:

Children learn more about oral health by visiting Brighter Smiles Playland.

Activity results and suggestions:

(1) Activity content

The teacher led the children to visit Brighter Smiles Playland, where they developed good habits through cartoon, and also acted as doctors and patients in the dental clinic.

Children can realize the importance and method of brushing teeth technique, further understand oral knowledge and develop the habit of brushing teeth in the morning and before bed at night every day.

(2) Activity results

The main activities are divided into two parts. When children visit the Brighter Smiles Playland, they can watch an introductory cartoon on caring for teeth and listen to the dentist's explanations and demonstrations, so that children can understand the correct toothbrushing technique and how to perform oral care. For example: children should use Children's toothbrushes, And also they learned to have good drinking habits to protect their teeth and not to eat too many snacks.

Dental clinic is set up during the activity. Children can role play as of dentists in the clinic, such as teeth cleaning and X-rays, deepening their understanding of the importance of dental care and reminding children to pay attention to oral health. .

In this activity, children can effectively improve their understanding of dental health, learn the correct toothbrushing technique, use floss sticks for oral care, etc., and then cultivate children's good habits of brushing their teeth in the morning and before bed at night every day.

suggestion:

The activity time can be lengthened. The time for exploring toothbrushing supplies and pretending to brush teeth in groups is limited. If the exploration is lengthened, children will have more time to explore and pretend to brush teeth in order to consolidate their knowledge.



Photo statement : Watch an introductory cartoon about caring for teeth, explore toothbrushing supplies and pretend to brush teeth .