

保良局張心瑜幼稚園-2月餐單

PLK Fiona Cheung Sum Yu Kindergarten-February Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 意式雞肉白飯 Italian style chicken with rice	3 燒汁雞肉白飯 Chicken in Teriyaki Sauce with rice	4 白菌忌廉豬柳白飯 B Pork in creamy mushroom sauce with rice	5 蠔皇冬瓜魚豆腐燕麥飯 Winter melon and fish tofu in oyster sauce with rice	6 粟米雞肉白飯 Chicken, Sweet corn with rice	7
8	9 南瓜白汁雞肉白飯 Chicken in creamy pumpkin sauce with rice	10 翠玉瓜肉片燕麥飯 Sliced pork and zucchini with oat rice	11 粟米忌廉牛肉通心粉 Beef in creamy corn sauce with macaroni	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26 蕃茄牛肉長通粉 Beef and tomato with penne	27 葡汁豬柳白飯 Pork in portuguese sauce with rice	28