

# 保良局張心瑜幼稚園-5月餐單

PLK Fiona Cheung Sum Yu Kindergarten-May Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4 蜜汁叉燒飯 Barbecued pork with rice	5 燒汁雞肉白飯 Chicken in Teriyaki Sauce with rice	6 蕃茄牛肉燕麥飯 Beef and tomato with oat rice	7 粟米茸肉片白飯 Sliced pork in creamy corn sauce with rice	8 粟米雞肉白飯 Chicken, sweet corn with rice	9	10
11 南瓜白汁雞肉白飯 Chicken in creamy pumpkin sauce with rice	12 意式雞柳白飯 Italian Style chicken with rice	13 蕃茄肉醬白飯(豬) Bolognese rice (pork)	14 福建肉粒白飯 Fujianese style pork with rice	15 葡汁牛肉通心粉 Beef in portuguese sauce with macaroni	16	17
18 蜜汁叉燒飯 Barbecued pork with rice	19 台式香菇雞肉糙米飯 Taiwanese style chicken and mushroom with brown rice	20 台式豆腐肉碎白飯 Taiwanese style minced pork and tofu with rice	21 雲耳蒸雞肉白飯 FSteamed chicken and fungus with rice	22	23	24
25	26 孜然牛肉紅米飯 Cumin Beef with red rice	27 紅燒香菇肉燥白飯 Braised minced pork and mushroom with rice	28 燒汁雞肉白飯 Chicken in Teriyaki Sauce with rice	29	30	31