

**Kindergarten Education Scheme**  
**School-based Learning Activity of Chinese Culture**  
**Display Form**

Po Leung Kuk Fung Leung Kit Memorial Kindergarten

Name of School

2024-2025

School Year

K3, K2, K1

Grade Level

**Name of Activity**

The 24 Solar Terms Activities

**Objective(s)**

- Introduce children to the origins of the solar terms and cultivate their understanding of traditional culture.
- Encourage children to create handicrafts related to the solar terms, stimulating their creativity.
- Introduce seasonal ingredients for different solar terms, helping children establish healthy eating habits.

**Brief Descriptions**

To deepen children's understanding of Chinese culture, our kindergarten organizes a series of activities themed around the 24 solar terms, with a particular focus on the three important solar terms: Lichun (Beginning of Spring), Lixia (Beginning of Summer), and Dongzhi (Winter Solstice). The activities aim to allow children to experience natural changes and traditional customs through interaction and hands-on activities. Themed activities include making rice balls for the Winter Solstice, creating handicrafts for Lichun, and making fruit salads for Lixia. Through games and stories, children learn about the characteristics of the solar terms, deepening their understanding of the changing seasons and Chinese culture.

**Record of Activity** (E.g. Children's Work / Photos / Videos of the activity)

