



保良局葉吳彬彬皇后山幼稚園



PO LEUNG KUK YIP NG BUN BUN QUEEN'S HILL KINDERGARTEN

2024年9月份全日班午膳餐單(茶點) September Lunch And Snack Schedule

星期一 Monday	星期二 Tuesday	星期三 Wednesday	星期四 Thursday	星期五 Friday
2	3	4	5	6
鮮茄菠蘿雞皇意粉 Chicken With Pineapple And Tomato + Spaghetti	合掌瓜薯仔雞柳飯 Chicken Julienne With Chayote And Potato + Rice	日式甘筍洋蔥肉絲飯 Pork Julienne With Carrots and Onion In Japanese Style + Rice	南瓜汁粟米雞皇螺絲粉 Chicken With Corns In Pumpkin Sauce + Fusilli	美極肉絲炒油麵 Stir Oil Noodles With Pork Julienne IN Maggi
老黃瓜薏米雞肉湯 (低脂芝士/水) (Low-fat cheese / Water)	腰果栗子蘋果無花果蟲草花素湯 (雞蛋/水) (Egg / Water)	冬瓜薏米淮山蓮子豬腱湯 (粟米片/牛奶) (Cornflakes / Milk)	沙葛粟米甘筍豬蹄湯 (蘋果) (Apple)	木瓜雪耳南北杏瘦肉湯 (雞蛋/水) (Egg / Water)
9	10	11	12	13
勝瓜薯仔雞柳飯 Chicken Julienne With Sponge Gourd And Potato + Rice	白汁芝士粟米雞皇意粉 Chicken With Cheese and Corns In White Sauce + Spaghetti	芝士汁粟米肉片螺絲粉 Sliced Pork With Corns In Cheese Sauce + Fusilli	日式甘筍洋蔥雞柳飯 Chicken Julienne With Carrot And Onion In Japanese Style + Rice	南瓜雞粒蒸水蛋飯 Steamed Egg With Diced Chicken And Pumpkin + Rice
紅蘿蔔粟米清補涼豬蹄湯 (粟米片/牛奶) (Cornflakes / Milk)	霸王花甘筍瘦肉湯 (牛奶麥皮/水) (Oatmeal / Water)	節瓜章魚豬蹄湯 (低脂芝士/水) (Low-fat cheese / Water)	椰子百合栗子排骨湯 (蘋果) (Apple)	雪耳蟲草花腰果粟米甘筍瘦肉湯 (雞蛋/水) (Egg / Water)
16	17	18	19	20
教師發展日 Staff Development Day	中秋節 Mid-Autumn Festival Holiday	中秋節 Mid-Autumn Festival Holiday	白汁粟米雞柳飯	三絲炒烏冬(甘筍絲,椰菜絲,雞絲)
			Chicken Julienne With Corns In White Sauce + Rice	Stir-Fried Udon With Chicken Julienne, Shredded Carrots And Shredded
			紅蘿蔔栗子南瓜雞肉湯	淮山杞子甘筍排骨湯
			(低脂芝士/水) (Low-fat cheese / Water)	(雞蛋/水) (Egg / Water)
23	24	25	26	27
墨西哥海鮮螺絲粉 Assorted Seafood In Mexican Sauce + Fusilli	香濃粟米肉絲意粉 Pork Julienne In Corns Sauce + Spaghetti	意式什菜魚粒螺絲粉 Minced Fish With Assorted Vegetables In Italian Sauce + Fusilli	燒汁薯仔雞柳飯 Chicken Julienne With Potatos In Teriyaki Sauce + Rice	牛柳絲炒意粉 Stir Vermicelli With Beef Julienne
合掌瓜粟米南瓜豬蹄湯 (粟米片/牛奶) (Cornflakes / Milk)	淮山百合海底椰粟米排骨湯 (牛奶麥皮/水) (Oatmeal / Water)	馬蹄甘筍粟米豬蹄湯 (低脂芝士/水) (Low-fat cheese / Water)	青紅蘿蔔粟米馬蹄雪耳素湯 (蘋果) (Apple)	淮山茨實木瓜豬蹄湯 (雞蛋/水) (Egg / Water)
30				
翠玉瓜薯仔肉絲飯 Pork Julienne With Zucchini and Potato + Rice				
椰子甘筍雪耳排骨湯 (粟米片/牛奶) (Cornflakes / Milk)				

*以上餐單內容祇供參考。

*The menu is for reference only.