



保良局葉吳彬彬皇后山幼稚園

PO LEUNG KUK YIP NG BUN BUN QUEEN'S HILL KINDERGARTEN

2025年5月份全日班午膳餐單(茶點) May Lunch And Snack Schedule



星期一 Monday	星期二 Tuesday	星期三 Wednesday	星期四 Thursday	星期五 Friday
			1	2
			勞動節假期 Labour Day	蕃茄肉碎蒸水蛋飯 Steamed Egg With Minced Pork And Tomato + Rice
				竹蔗茅根羅漢果甘筍瘦肉湯 (牛奶麥皮/水) (Oatmeal / Water)
5	6	7		9
佛誕節假期 Buddha's Birthday	翠玉瓜粟米雞柳飯 Chicken Julienne With Corn And Zucchini + Rice	菠蘿鮮茄牛肉飯 Beef With Pineapple And Tomato + Rice	馬蹄蒸肉餅燕麥飯 Steamed Meat Cake With Water Chestnut + Oat Rice	肉絲燴麵粉 Braised Rice Noodles With Pork Julienne
	蓮藕雪梨豬腱肉湯 (雞蛋/水) (Egg / Water)	山藥粟米薏米紅蘿蔔豬腱肉湯 (低脂芝士/水) (Low-fat cheese / Water)	西洋菜紅蘿蔔豬腱肉湯 (蘋果) (Apple)	冬瓜紅棗果皮瘦肉湯 (牛奶麥皮/水) (Oatmeal / Water)
12	13	14	15	16
鮮茄汁魚粒蝦仁螺絲粉 Shrimp With Diced Fish In Tomato Sauce + Fusilli	菠菜汁粟米雞柳意粉 Chicken Julienne With Corn In Spinach Sauce + Spaghetti	薯仔洋蔥雞粒飯 Diced Chicken With Onion And Potato + Rice	雞蛋蒸肉餅燕麥飯 Steamed Meat Cake With Egg + Oat Rice	三絲燴麵(甘筍絲, 椰菜絲, 雞絲) Braised Noodles With Three-shredded(shredded cabbage, shredded
栗子蘋果無花果蟲草花素湯 (粟米片/牛奶) (Cornflakes / Milk)	蘋果粟米淮山紅蘿蔔瘦肉湯 (雞蛋/水) (Egg / Water)	蓮子百合紅棗甘筍豬腱肉湯 (低脂芝士/水) (Low-fat cheese / Water)	合掌瓜甘筍粟米瘦肉湯 (蘋果) (Apple)	節瓜章魚豬腱肉湯 小食嚐試 Snack tasting activity
19	20	21	22	23
蕃茄洋蔥牛肉螺絲粉 Beef With Onion And Tomato + Fusilli	香濃粟米肉絲紅米飯 Pork Julienne With Sweet Corn + Red Rice	蘑菇汁福花牛柳螺絲粉 Beef Julienne With Cauliflower In Mushroom Sauce + Fusilli	粟米蒸肉餅燕麥飯 Steamed Meat Cake With Corn + Oat Rice	肉片燴河粉 Braised Rice Noodles With Pork Slices
雪耳粟米紅蘿蔔百合海底椰栗子無花果素湯 (粟米片/牛奶) (Cornflakes / Milk)	青紅蘿蔔粟米豬腱肉湯 (雞蛋/水) (Egg / Water)	淮山茨實木瓜瘦肉湯 (低脂芝士/水) (Low-fat cheese / Water)	馬蹄甘筍粟米豬腱肉湯 (蘋果) (Apple)	紅蘿蔔栗子南瓜雞肉湯 (牛奶麥皮/水) (Oatmeal / Water)
26	27	28	29	30
粟米甘筍牛肉碎飯 Ground Beef With Carrot And Sweet Corn + Rice	香蒜薯仔蒸肉粒紅米飯 Steamed Minced Pork With Potato And Garlic + Red Rice	卡邦尼薯仔雞皇螺絲粉 Chicken With Potato In Carbonara Sauce + Fusilli	葡汁薯仔雞球飯 Chicken Balls With Potato In Portuguese Sauce + Rice	椰菜雞絲燴烏冬 Braised Udon With Three-shredded(shredded cabbage, shredded
合掌瓜蘋果薏米素湯 (粟米片/牛奶) (Cornflakes / Milk)	霸王花甘筍粟米豬肉湯 (雞蛋/水) (Egg / Water)	椰子百合栗子瘦肉湯 (低脂芝士/水) (Low-fat cheese / Water)	沙葛粟米甘筍豬腱肉湯 (蘋果) (Apple)	木瓜雪耳南北杏豬肉湯 小食嚐試 Snack tasting activity

\*以上餐單內容祇供參考。

\*The menu is for reference only.