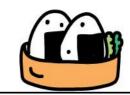


保良局葉吳彬彬皇后山幼稚園



PO LEUNG KUK YIP NG BUN BUN QUEEN'S HILL KINDERGARTEN

2025年5月份全日班午膳餐單(茶點) May Lunch And Snack Schedule

星期一 Monday	星期二 Tuesday	星期三 Wednesday	星期四 Thursday	星期五 Friday
			1	2
				蕃茄肉碎蒸水蛋飯
			**************************************	Steamed Egg With Minced Pork And
			勞動節假期	Tomato + Rice
			Labour Day	竹蔗茅根羅漢果甘筍瘦肉湯
				(牛奶麥皮/水)
				(Oatmeal / Water)
5	6	7	8	9
	翠玉瓜粟米雞柳飯	菠蘿鮮茄牛肉飯	馬蹄蒸肉餅燕麥飯	肉絲燴瀨粉
/±1→7.1.4/2 /100 廿0	Chicken Julienne With Corn And	Beef With Pineapple And Tomato +	Steamed Meat Cake With Water	Braised Rice Noodles With Pork
佛誕節假期	Zuchhini + Rice	Rice	Chestnut + Oat Rice	Julienne
Buddha's Birthday	蓮藕雪梨豬腱肉湯	山藥粟米薏米紅蘿蔔豬腱肉湯	西洋菜紅蘿蔔豬腱肉湯	冬瓜紅棗果皮瘦肉湯
Baaana 3 Birthaay	(雞蛋/水)	(低脂芝士/水)	(蘋果)	(牛奶麥皮/水)
	(Egg / Water)	(Low-fat cheese / Water)	(Apple)	(Oatmeal / Water)
12	13	14	15	16
鮮茄汁魚粒蝦仁螺絲粉	菠菜汁粟米雞柳意粉	薯仔洋蔥雞粒飯	雞蛋蒸肉餅燕麥飯	三絲燴麵(甘筍絲,椰菜絲,雞絲)
Shrimp With Diced Fish In Tomato	•	Diced Chicken With Onion And Potato	Steamed Meat Cake With Egg + Oat	Braised Noodles With Three-
Sauce + Fusilli	Sauce + Spaghetti	+ Rice	Rice	shredded(shredded cabbage, shredded
栗子蘋果無花果蟲草花素湯	蘋果粟米淮山紅蘿蔔瘦肉湯	蓮子百合紅棗甘筍豬腱肉湯	合掌瓜甘筍粟米瘦肉湯	節瓜章魚豬腱肉湯
(粟米片/牛奶)	(雞蛋/水)	(低脂芝士/水)	(蘋果)	小食嚐試
(Cornflakes / Milk)	(Egg / Water)	(Low-fat cheese / Water)	(Apple)	Snack tasting activity
19	20	21	22	23
蕃茄洋蔥牛肉螺絲粉	香濃粟米肉絲紅米飯	蘑菇汁福花牛柳螺絲粉	粟米蒸肉餅燕麥飯	肉片燴河粉
	Pork Julienne With Sweet Corn + Red	Beef Julienne With Cauliflower In	Steamed Meat Cake With Corn + Oat	
Beef With Onion And Tomato + Fusilli	Rice	Mushroom Sauce + Fusilli	Rice	Braised Rice Noodles With Pork Slices
雪耳粟米紅蘿蔔百合海底椰栗子無花果素湯	青紅蘿蔔粟米豬腱肉湯	淮山茨實木瓜瘦肉湯	馬蹄甘筍粟米豬腱肉湯	紅蘿蔔栗子南瓜雞肉湯
(粟米片/牛奶)	(雞蛋/水)	(低脂芝士/水)	(蘋果)	(牛奶麥皮/水)
(Cornflakes / Milk)	(Egg / Water)	(Low-fat cheese / Water)	(Apple)	(Oatmeal / Water)
26	27	28	29	30
粟米甘筍牛肉碎飯	香蒜薯仔蒸肉粒紅米飯	卡邦尼薯仔雞皇螺絲粉	葡汁薯仔雞球飯	椰菜雞絲燴烏冬
Ground Beef With Carrot And Sweet	Steamed Minced Pork With Potato And	Chicken With Potato In Carbonara	Chicken Balls With Potato In	Braised Udon With Three-
Corn + Rice	Garlic + Red Rice	Sauce + Fusilli	Portuguese Sauce + Rice	shredded(shredded cabbage, shredded
合掌瓜蘋果薏米素湯	霸王花甘筍粟米豬肉湯	椰子百合栗子瘦肉湯	沙葛粟米甘筍豬腱肉湯	木瓜雪耳南北杏豬肉湯
(粟米片/牛奶)	(雞蛋/水)	(低脂芝士/水)	(蘋果)	小食嚐試
(Cornflakes / Milk)	(Egg / Water)	(Low-fat cheese / Water)	(Apple)	Snack tasting activity

^{*}以上餐單內容祇供參考。

^{*}The menu is for reference only.