



保良局葉吳彬彬皇后山幼稚園

PO LEUNG KUK YIP NG BUN BUN QUEEN'S HILL KINDERGARTEN

2025年6月份全日班午膳餐單(茶點) June Lunch And Snack Schedule



星期一 Monday	星期二 Tuesday	星期三 Wednesday	星期四 Thursday	星期五 Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
肉醬螺絲粉(牛肉)	南瓜汁粟米雞絲飯	白汁翠玉瓜肉絲螺絲粉	鮮茄菠蘿雞絲飯	時菜肉絲燴麵
Fusilli With Bolognese Sauce (Beef)	Chicken Julienne With Sweet Corn In Pumpkin Sauce + Rice	Pork Julienne With Zucchini In White Sauce + Fusilli	Chicken Julienne With Tomato And Pineapple + Rice	Braised Noodles With Pork Julienne And Seasonal Vegetable + Rice
甘筍栗子蘋果無花果蟲草花素湯	老黃瓜紅蘿蔔粟米瘦肉湯	淮山茨實木瓜豬腱肉湯	馬蹄甘筍粟米瘦肉湯	淮山百合海底椰粟米猪肉湯
(粟米片/牛奶)	(雞蛋/水)	(低脂芝士/水)	(牛奶麥皮/水)	(蘋果)
(Cornflakes / Milk)	(Egg / Water)	(Low-fat cheese / Water)	(Oatmeal / Water)	(Apple)
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
鮮茄洋葱牛肉螺絲粉	節瓜薯仔肉絲紅米飯	聯校畢業典禮 Joint-school Graduation Ceremony	香菇蒸肉餅燕麥飯	三絲燴銀針粉(椰菜絲,甘筍絲,雞絲)
Beef With Tomato And Onion + Fusilli	Pork Julienne With Potato And Hairy Gourd + Red Rice		Steamed Meat Cake With Mushroom + Oat Rice	Fried Sliver Needle Noodles With Three-shredded(shredded cabbage, shredded carrots, shredded chicken)
青紅蘿蔔粟米馬蹄雪耳素湯	合掌瓜粟米豬腱肉湯		紅蘿蔔栗子冬瓜雞肉湯	蓮藕粟米甘筍豬腱肉湯
(粟米片/牛奶)	(雞蛋/水)		(牛奶麥皮/水)	小食嚐試
(Cornflakes / Milk)	(Egg / Water)		(Oatmeal / Water)	Snack tasting activity
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
白汁蘑菇雞絲飯	黑松露福花肉片飯	粟米肉粒螺絲粉	馬蹄蒸肉餅燕麥飯	時菜雞絲燴烏冬
Chicken Julienne With Mushroom In White Sauce + Rice	Pork Slices With Cauliflower In Black Truffle Sauce + Rice	Minced Pork With Sweet Corn + Fusilli	Steamed Meat Cake With Water Chestnut + Oat Rice	Fried Udon With Shredded Chicken And Seasonal Vegetable
冬瓜紅蘿蔔粟米薏米陳皮素湯	木瓜雪耳甘筍豬腱肉湯	椰子百合栗子猪肉湯	蘋果雪梨紅蘿蔔瘦肉湯	霸王花甘筍瘦肉湯
(粟米片/牛奶)	(雞蛋/水)	(低脂芝士/水)	(牛奶麥皮/水)	(蘋果)
(Cornflakes / Milk)	(Egg / Water)	(Low-fat cheese / Water)	(Oatmeal / Water)	(Apple)
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
日式西蘭花洋葱雞柳飯	卡邦尼甘筍雞皇意粉	蘑菇汁甘筍肉片飯	教師整理日 Teacher Preparation Day	家長日 Parents Day
Chicken Julienne With Broccoli And Onion In Japanese Style + Rice	Chicken With Carrot In Carbonone Sauce + Spaghetti	Pork Slices With Carrot In Mushroom Sauce + Rice		
田園南瓜蕃茄甘筍素湯	沙葛粟米甘筍豬腱肉湯	木瓜雪耳南北杏瘦肉湯		
(粟米片/牛奶)	(雞蛋/水)	(低脂芝士/水)		
(Cornflakes / Milk)	(Egg / Water)	(Low-fat cheese / Water)		
<b>30</b>				
蒜香薯仔蒸雞飯				
Steamed Chicken With Potato + Rice				
椰子合掌瓜無花果粟米素湯				
(粟米片/牛奶)				
(Cornflakes / Milk)				

\*以上餐單內容祇供參考。

\*The menu is for reference only.