



保良局葉吳彬彬皇后山幼稚園

PO LEUNG KUK YIP NG BUN BUN QUEEN' S HILL KINDERGARTEN

2025年5月份全日班午膳餐單(茶點) May Lunch And Snack Schedule



星期一 Monday	星期二 Tuesday	星期三 Wednesday	星期四 Thursday	星期五 Friday	
				1	
				勞動節假期 Labour Day	
4	5	6	7	8	
粟米汁甘筍雞粒飯 Chicken With Carrot In Sweet Corn Sauce + Rice (素)淮山海底椰無花果蘋果湯 (粟米片/牛奶) (Cornflakes / Milk)	杞子蒸肉粒紅米飯 teamed Pork With Wolfberries + Red Rice 羅宋湯(豬肉,紅蘿蔔) (雞蛋/水) (Egg / Water)	南瓜汁粟米肉絲螺絲粉 Shredded Pork With Sweet Corn In Pumpkin Sauce + Fusilli 節瓜蜜棗瘦肉湯 (低脂芝士/水) (Low-fat cheese / Water)	馬蹄蒸肉餅燕麥飯 Steamed Meat Cake With Water Chestnut + Oat Rice 冬瓜粒瘦肉湯 (蘋果) (Apple)	三絲燴瀨粉(肉絲,椰菜絲,冬菇絲) Fried Rice Noodle With Three-shredded(shredded cabbage, shredded mushroom, shredded pork) 青紅蘿蔔瘦肉湯 (牛奶麥皮/水) (Oatmeal / Water)	
11	12	13	14	15	
青瓜薯仔雞球飯 Chicken Ball With Potato And Cucumber + Rice (素)佛手瓜栗子紅蘿蔔南北杏湯 (蘋果) (Apple)	高班畢業旅行 Graduation Trip	鮮茄肉醬螺絲粉(牛肉) Fusilli With Bolognese Sauce (Beef) 霸王花瘦肉湯 (粟米) (Corn)	雞蛋蒸肉餅燕麥飯 Steamed Meat Cake With Egg + Oat Rice 粟米紅蘿蔔豬腱湯 (粟米片/牛奶) (Cornflakes / Milk)	粟米肉碎蒸水蛋飯 Steamed Egg With Minced Pork And Corn + Rice 清補涼瘦肉湯 (低脂芝士/水) (Low-fat cheese / Water)	
18		19	20	21	
番茄洋蔥牛肉螺絲粉 Beef With Onion And Tomato + Fusilli (素)粉葛紅蘿蔔馬蹄粟米湯 (低脂芝士/水) (Low-fat cheese / Water)		卡邦尼粟米雞皇意粉 Chicken With Corn In Carbonara Sauce + Spaghetti 合掌瓜粟米豬蹄湯 (雞蛋/水) (Egg / Water)	蘑菇汁甘筍牛柳螺絲粉 Beef Julienne With Carrot In Mushroom + Fusilli 羅漢果紅蘿蔔瘦肉湯 (梨) (Pear)	粟米蒸肉餅燕麥飯 Steamed Meat Cake With Corn + Oat Rice 青紅蘿蔔豬腱湯 (蕃薯) (sweet potato)	22 菠菜汁福花雞粒飯 Chicken With Cauliflower In Spinach Sauce + Rice 木瓜雪耳瘦肉湯 小食嚐試 Snack tasting activity
25		26	27	28	29
佛誕節假期 Buddha's Birthday	茄子雞絲飯 Shredded Chicken With Eggplant + Rice 番茄薯仔紅蘿蔔瘦肉湯 (雞蛋/水) (Egg / Water)	鮮茄波蘿雞粒螺絲粉 Chicken With Pineapple And Tomato + Fusilli 冬瓜薏米肉粒湯 (粟米片/牛奶) (Cornflakes / Milk)	香芋汁薯仔雞球飯 Chicken Ball With Potato In Taro Sauce + Rice 節瓜紅蘿蔔肉粒湯 (蘋果) (Apple)	29 椰菜雞絲燴烏冬 Braised Udon With Three-shredded(shredded cabbage, shredded carrots, shredded chicken) 合掌瓜煲瘦肉湯 (牛奶可可米) (Milk /Coco Pops)	

*以上餐單內容祇供參考。

*The menu is for reference only.